

# COMPETICIONES RULES



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## COMPETITION RULES

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### 1. General.

1. It is the participant's responsibility to understand all aspects of the competition rules.
2. With his/her registration, the swimmer accepts the **OCEANMAN** general rules and regulations, the special rules of each event of the **OCEANMAN** circuit and the participant's terms and conditions.
3. Each swimmer is responsible to compete in good physical condition, and with sufficient training to undertake the distance in which they subscribe to.
4. Doping is strictly prohibited. At the time of registration, each swimmer accepts the obligatory anti-doping rules for the entire event. At the time of registration, each participant declares not to violate prior, during or after the event the Organic Law 3/2013 which regulates the protection of Athletes Health and fight against doping in sports events and activities.
5. Participants are obliged to follow the indications and instructions of race officials and public authorities at all times.
6. Race officials have the authority to disqualify any participant. Medical staff and/or the race technical director have the maximum and final decision on the withdrawal of a competitor given if he/she is deemed physically incapable of continuing the race without the risk of serious injuries or death. Medical transportation by any swimmer imposes disqualification. If any competitor decides to withdraw from the race at any time, it is his/her responsibility to report his/her decision to the information point located at the finish area and hand in his/her number and/or timing chip immediately.
7. Individual support from friends, relatives, coaches and supporters during the course of **OCEANMAN** races is not permitted. All competitors have the obligation to decline immediately any attempt of assistance. Otherwise, the competitor will be subject to a warning or even disqualification.
8. The basic principles of the event are fairness and compliance of the rules and regulations. It is prohibited to neglect the rules with an intention to take an advantage. Competitors are not allowed to impede or endanger others and hinder the course of the race. Competitors must be polite to other competitors, volunteers, referees and medical staff. Competitors must respect the environment and avoid pollution.
9. For matters not covered in these rules, the rules of open water swimming 2013-2017 approved by the RFEN will apply.

### 2. Event Modes & Starts

#### a. Event modes

Swimmers can participate in one or several of the following disciplines as long as they are compatible.

- 1.OCEANMAN:** Comprises distances between 6 km and 14 km depending on the venue. Individual competition, competitive, timed, classifying.
- 2. HALF OCEANMAN:** Comprises distances between 3 km and 5 km depending on the venue. Individual competition, competitive, timed, classifying.
- 3.SPRINT:** Comprises distances between 1 km and 2 km depending on the venue. Individual competition, competitive, timed, classifying y general category.
- 4.OCEANKIDS:** Comprises distances between 500 – 800 m depending on the venue. Individual competition, non competitive. No timed. No classifying.
- 5.OCEANTEAM:** Relay race distances between 3x500m and 3x1500m, depending on the venue. Team Competition ( 3 swimmers teams ), timed and classifying. Three categories (Men's, Women's and Mixed teams)

Oceankids and Oceanteam events will be held only in those destinations that meet the necessary technical and logistical requirements

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### **b. Start.**

There is one starting point for each of the distances, i.e. there will be three starts: Oceanman, Half Oceanman and Popular race. The departures in Oceankids race will be carry out in two age groups (7 to 10 years-old and 11 to 14 years-old).

### **3. Categories & Awards.**

In **HALF OCEANMAN y OCEANMAN** distances will be different categories considering the participant's age and gender.

Competitors under the age of 18 must present parental or guardian authorization to collect racer numbers & timing chip. Will be awarded the Overall Results as follow;

- Oceanman - Top 5 Male / Female
- Half Oceanman - Top 3 Male / Female

Swimmers awarded in Overall won't be allowed to receive any prize in Age Group category. From 2019 there won't be Elite category anymore.

#### **OCEANMAN (MALE & FEMALE)**

CATEGORY	AGE RANGE
Junior	Swimmers from 16 - 19 years of age.
Master 20 – 29	Swimmers from 20 - 29 years of age.
Master 30 – 39	Swimmers from 30 - 39 years of age.
Master 40 – 49	Swimmers from 40 - 49 years of age.
Master 50 – 59	Swimmers from 50 - 59 years of age.
Master + 60	Swimmers from 60 years of age.
Inspiration	Swimmers with a degree of disability greater than 33%

#### **HALF OCEANMAN**

CATEGORY	AGE RANGE
Junior	Swimmers from 14 a 19 years of age .
Master 20 – 29	Swimmers from 20 - 29 years of age .
Master 30 – 39	Swimmers from 30 - 39 years of age .
Master 40 – 49	Swimmers from 40 - 49 years of age.
Master 50 – 59	Swimmers from 50 - 59 years of age.
Master + 60	Swimmers from 60 years of age.
Inspiration	Swimmers with a degree of disability greater than 33%

#### **SPRINT**

CATEGORÍA	RANGO EDAD
General	Swimmers of all age groups from 10 years of age.

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### OCEANKIDS

CATEGORY	AGE RANGE
Non-Categorical	Swimmers from 7 to 14 years old.

### OCEANTEAM

CATEGORY	AGE RANGE
Male / Female / Mixed	Amateur swimmers from 12 years of age

A delimited relay area will be designated, where the chip will be delivered among swimmers of the same team. There will be a unique category, distinguishing mixed, men's and women's teams.

### Awards.

#### • OCEANMAN - HALF OCEANMAN - SPRINT

The organization will award trophies to;

- **Oceanman** - Top 5 Classified overall male and female.
- **Half Oceanman** - Top 3 Classified overall male and female.
- **Sprint** - Top 3 Classified overall male and female.

- The organization will award medals to the first three classified male and female in each category at the end of the event.
- Prizes are non accumulative, which means that swimmers awarded in overall results do not receive prizes in their age group category.
- All competitors who complete the event will be awarded a Finisher medal.

#### SPRINT

- The organization will award trophies to the first three classified in the general, male and female categories.
- The organization will award a Finisher medal to all competitors.

#### OCEANKIDS.

- The organization will give a gift to all participants.

#### OCEANTEAM.

- A gift will be given to the first three teams of each category (men's, women's and mixed).

### Awards Final World Championship and Continental Championships

#### • OCEANMAN & HALF OCEANMAN Distances.

Organizers will award with Trophies ;

- **Oceanman** -Top 5 positions Overall Male and Female.
- **Half Oceanman** - Top 3 positions Overall Male and Female.
- **Sprint** - Top 3 positions Overall Male and Female.

- Top 3 of all age group categories will be awarded with medals.
- All swimmers who finish the race will get a customize finisher medal.

Is expected to allocate cash awards for the Final World Championship as well as Continent Championship

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#### 4. Classification for the worldwide championship

The qualifying competitions for the World Championship in the OCEANMAN & HALF OCEANMAN modes are previous venues to the Final. Qualifying slots will be provided as follow.

- **Events with less than 75 swimmers per distance.**  
Will be given 3 Slots per Age Group. 1 Slot for Inspiration Category.
- **Events with between 76 and 150 swimmers per distance.**  
Se otorgarán 5 Slots por grupo de edad. 2 Slot para categoría Inspiration.
- **Events with between 151 and 250 swimmers per distance.**  
Will be given 7 Slots per Age Group. 2 Slot for Inspiration Category.
- **Events with more than 250 swimmers per distance.**  
Will be given 10 Slots per Age Group. 3 Slot for Inspiration Category

Slots per Category

##### OCEANMAN (MALE – FEMALE)

	0 - 75	76 - 150	151 -250	+250
TOTAL PARTICIPANTS	SLOTS	SLOTS	SLOTS	SLOTS
Junior	3 Slots	5 Slots	7 Slots	10 Slots
Master 20 – 29	3 Slots	5 Slots	7 Slots	10 Slots
Master 30 – 39	3 Slots	5 Slots	7 Slots	10 Slots
Master 40 – 49	3 Slots	5 Slots	7 Slots	10 Slots
Master 50 – 59	3 Slots	5 Slots	7 Slots	10 Slots
Master + 60	3 Slots	5 Slots	7 Slots	10 Slots
Inspiration	1 Slots	2 Slots	2 Slots	3 Slots

##### HALF OCEANMAN (MALE – FEMALE)

TOTAL PARTICIPANTS	0 - 75	76 - 150	151 -250	+250
CATEGORY	SLOTS	SLOTS	SLOTS	SLOTS
Junior 14 - 19	3 Slots	5 Slots	7 Slots	10 Slots
Master 20 – 29	3 Slots	5 Slots	7 Slots	10 Slots
Master 30 – 39	3 Slots	5 Slots	7 Slots	10 Slots
Master 40 – 49	3 Slots	5 Slots	7 Slots	10 Slots
Master 50 – 59	3 Slots	5 Slots	7 Slots	10 Slots
Master + 60	3 Slots	5 Slots	7 Slots	10 Slots
Inspiration	1 Slots	2 Slots	2 Slots	3 Slots

These chart shows the slots that OCEANMAN & HALF OCEANMAN will be offered, to top age group swimmers, for the Final World Championship.

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**All swimmers already classified in another OCEANMAN event will be jumped, providing their places to the final to the following classified in each qualifying events.**

To consider participating in the Oceanman World Championship, it is only necessary to classify in ONE of the qualifying races. In NO CASE is it necessary to participate in all of the competitions of the Oceanman circuit.

Participation in the final competition venue will be open to swimmers without previous classification. These swimmers will follow the same course in the OCEANMAN & HALF OCEANMAN distances but will not be eligible for the victory of World Championship.

There will be two different classifications in both OCEANMAN & HALF OCEANMAN distances. The first classification will detail the results obtained by the swimmers participating in the World Championship. The second classification will detail the results obtained by swimmers without previous classification for the World Championship.

Competitors competing for the World Championship will be uniquely distinguished by the color of their swim cap.

There will be one-minute delay between each start in both **OCEANMAN** y **HALF OCEANMAN**, and in the following order (only World Championship).

Oceanman reserves the right to invite their own ambassadors to World Championship without prior qualification.

**OCEANMAN.**

1. Age Group classified for the World Champ. (Male)
2. Age Group classified for the World Champ. (Female)
3. Age Groups NON classified for the World Champ, it will be called OPEN. (Male & Female)

**HALF OCEANMAN.-**

1. Age Group classified for the World Champ. (Male)
2. Age Group classified for the World Champ. (Female)
3. Age Groups NON classified for the World Champ, it will be called OPEN. (Male & Female)

**5. Use of wetsuit.**

The wearing of wetsuits in both **HALF OCEANMAN & OCEANMAN** will be regulated depending on the water temperature:

**NORMATIVE**

TEMPERATURE	TERMS OF USE
Less than 24 °C	Allowed use of wetsuit
More than 24 °C	Not Allowed use of wetsuit

\* Competitors who are used to swimming in low temperature conditions will be able to participate without the wetsuit. Under 18 °C we won't allow to participate any swimmer without wetsuit. It is the competitors responsibility to report this to the events race technical director a minimum of 72 hours before start of the race by email: [competiciones@whitegoforit.net](mailto:competiciones@whitegoforit.net).

\* Competitors not wearing wetsuits will still be eligible for opting to the category classification and classification to the World Championship.

All swimmers who wants to not use wetsuit when temperature is under 24°C are allowed (meanwhile temperature never reach under 18°C, which no swimmer will be allowed to get in the water without swimsuit). Be advice that you will be swimming in disadvantage against wetsuit users.

\* If any participant decides to swim with wetsuit with temperatures above 24°C when wetsuit is not allowed it will shown in the results as DQ.

\* All swimsuit made of any kind of neoprene or polyurethane are totally forbidden when wetsuit is not allowed. (jammers included).



\* The organizer and referee committee must control in the corral if there are any swimmer with pieces of neoprene, or an other forbidden gear

## 6. Equipment.

Below you can find a list of permitted equipment during the race.

- Swim cap provided by the organization.
- Use of Safety buoy will be compulsory for **ALL Oceanman Distances**. The buoys have to be visible and homologated in order to avoid any incident.
- Will be disqualification reason crossing the finishing line without the safety buoy.
- Goggles are obligatory during all races.
- Wetsuit or swimsuit (refer to section **USE OF WETSUIT**). It is prohibited to use two wetsuits.
- Timing chips shall be worn throughout the race. In case it is lost the participant must inform the timekeeper company at the finish line. The swimmer will reimburse the company with the equivalent value of the device should the company find it appropriate or necessary. The organizers will indicate how and where to wear the chip during the technical briefing.
- The race number must be visible on the exterior part of the swimmer's right hand at all times. The race number will be provided by or drawn on by one of the organizers.
- The use of electronic devices, such as watches, heart rate monitors, water GPS is allowed, excluding aquatic music players or similar devices. If a swimmer neglects this rule, he/she will be disqualified by the judges. Participants can be disqualified from the competition by the official judges for neglecting any part of the regulations.
- It's not permitted to use any equipment or materials that aid swimmers propulsion or flotation (e.g. pull-buoys, paddles, gloves, fins etc.) The use of the equipment is limited to participants who have express approval from the organization with justified reasons.

## 7. Courses.

Should the organizers consider it necessary to withdraw any participant from the competition to ensure his/her safety, they will be entitled to do so.

**The withdrawal procedure takes place in the event of the following circumstances:**

- Whenever the swimmers exceeds the time limits.
- Adverse weather conditions that endanger swimmer's safety.
- Whenever the swimmers show signs of dehydration, hypothermia, extreme fatigue.
- Extremely slow pace or any other sign that prevents the participant swimming in good physical conditions.
- Swimmers who do not respect the safety limits and the regulations established by the organization.
- Swimmers should follow the indications and guidelines of the technical team at all times.
- Kayakers and boat escorts will monitor the health and safety of the swimmers and will report to the technical team.

## 8. Registration.

Registration is personal and non transferable and implies acceptance of all the articles in the present rules and regulations as well as the purchase terms and conditions. All fees are listed in the "Registration" section of this website and can be processed using the online payment system.

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In the event a participant is unable to attend an event, the participant can not transfer his/her rights of participation to another person.

Under the platform swimmers will be able to modify at any time part of their information (Never Name or Surname registered)

Swimmers will also available to request, after fee payment, the following concepts;

- Change distance to upgrade or downgrade. Changing fees 5€ + Rate difference.
- Cancellation of their registrations, prior to 30 days to the event. Cancellation fees 10€.

In the event of adverse weather conditions or any other circumstances beyond the organization control (jellyfish plague, strong currents, high winds, etc), the organization reserves the right to modify or even cancel the race on the basis of safety reasons. Under the circumstances as described above, no refunds of the registration fees will be returned.

Registration fees includes:

- The right to participate in the competition (provided the weather conditions permit it).
- Accident Insurance.
- Assistance during and after the race.
- Feed (liquid & solid) during and after the race.
- Classification & Timing with Chip.

Swimmers registered for Oceanman will be posted in Oceanman website the day after the registration close.

## **9. Participation & Insurance.**

All participants declare to be in optimal health conditions and to their knowledge have no reason which would prevent them from taking part in the OCEANMAN competition. For this reason, swimmers accept to participate at their own risk and under their own responsibility.

Athletes of any nationality, federated or not, and born after 1998 onwards are eligible to participate. (Competition recommended for over 18 years of age.) Participants under 18 year of age must provide parents' or guardians' consent at racer number collection. No swimmer under the age of consent can participate without signed authorizations.

The minimum age for participate by distances are:

- **Distancia OCEANMAN.**  
Minimum age of 16 years.
- **Distancia HALF OCEANMAN.**  
Minimum age of 14 years.
- **Distancia SPRINT.**  
Minimum age of 10 years.
- **Distancia OCEANKIDS.**  
Age range from 7 to 14 years
- **Distancia OCEANTEAM.**  
Minimum age of 12 years

Competitors under the age of 18 must present parental or guardian authorization to collect racer numbers & timing chip.

Time limits to reach the finishing line are:

<b>OCEANMAN</b> ( 10 km )	4h 30'
<b>HALF OCEANMAN</b> ( 5km )	2h.30'
<b>SPRINT</b> ( 1,5KM )	1h.30'

- For different distances OCEANMAN will establish the cut off time, following same patterns as shown.

Under current legislation the organizers will hold public liability insurance and accident insurance covering all participants and all distances.

## **10. Security.**

A security operation on land and at sea is guaranteed. On the day of the competition, swimmers safety will be monitored by motorboats and



kayaks who will follow the course.

The organization medical team will be authorized to withdraw any participant due to medical reasons.

### **11. Referees**

Oceanman will be refer by a Referees Committee.

It will be referees in the race course controlling turning buoys, in the finish line and in secretary.

It will be Disqualification reasons;

- Avoid mandatory marking-turning buoys.
- Anti Sportive behaviour will be punished.
- Don't follow Boat or Kayak instructions.

After provisional Results are posted, any swimmer who wants to complain have to do it in a period of 30' after this results are posted. Resolutions will be taken no longer than 1 hour after provisional results are posted, then it will become Final results, and no change will be allowed.

This instructions will be explained and outlined during Race briefing.

### **12. Supplies / Feeding**

The organization will provide feeding points for swimmers during the courses of **OCEANMAN** y **HALF OCEANMAN**, as well as at the end of each race. The feeding points will be properly signposted and their exact location will be disclosed during the technical briefing.

It is up to the participant to decide whether to stop at a feeding point or not. In any case, all participants can use the boat to rest and recover, however it is strictly prohibited to get on the boat. In case of getting on the boat the participant will be disqualified.

### **13. Change of Course**

In case of adverse weather conditions, the organization reserves the right to consider an alternative cause.

### **14. Personal Data.**

The organization informs, and you agree to the following:

All the information provided by you at the time of registration for the competition or by means of any other channels of personal data collection at the websites: **www.oceanman.net**, **www.oceanman-openwater.com** or **www.oceanman-store.com** is incorporated into a secure and confidential database. Educanova Consultores & Recursos S.L. is responsible for the management of this database.

The main purpose of this data collection is no other than the administration and management of the competition, the notification of possible modifications or changes in the calendar of the events and/or promotion of the products related to OCEANMAN. For this reason and with a clear sporting objectives, promotional and commercial aims, we ask athletes and their children to give their consent for the reproduction of their images in photographs and other recordings taking place during the competition.

In case you wish to withdraw your consent, you must notify Educanova Consultores y Recursos in writing and under the provisions of the Organic Law 15/1999, 13, you can rectify or cancel partially or totally your personal data.

In each of the venues of this championship, this general regulation may incorporate specific modifications, in compliance with the legislation of each host country.

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