

2017



Competition Rules

1.- General

- a. It is the participant's responsibility to understand all aspects of the competition rules.
- b. With his/her registration, the swimmer accepts the OCEANMAN general rules and regulations, the special rules of each event of the OCEANMAN circuit and the participant's terms and conditions.
- c. Each swimmer is responsible to compete in good physical condition, and with sufficient training to undertake the distance in which they subscribe to.
- d. Doping is strictly prohibited. At the time of registration, each swimmer accepts the obligatory anti-doping rules for the entire event. At the time of registration, each participant declares not to violate prior, during or after the event the Organic Law 3/2013 which regulates the protection of Athletes Health and fight against doping in sports events and activities.
- e. Participants are obliged to follow the indications and instructions of race officials and public authorities at all times.
- f. Race officials have the authority to disqualify any participant. Medical staff and/or the race technical director have the maximum and final decision on the withdrawal of a competitor given if he/she is deemed physically incapable of continuing the race without the risk of serious injuries or death. Medical transportation by any swimmer imposes disqualification. If any competitor decides to withdraw from the race at any time, it is his/her responsibility to report his/her decision to the information point located at the finish area and hand in his/her number and/or timing chip immediately.
- g. Individual support from friends, relatives, coaches and supporters during the course of OCEANMAN races is not permitted. All competitors have the obligation to decline immediately any attempt of assistance. Otherwise, the competitor will be subject to a warning or even disqualification.
- h. The basic principles of the event are fairness and compliance of the rules and regulations. It is prohibited to neglect the rules with an intention to take an advantage. Competitors are not allowed to impede or endanger others and hinder the course of the race. Competitors must be polite to other competitors, volunteers, referees and medical staff. Competitors must respect the environment and avoid pollution.
- i. For matters not covered in these rules, the rules of open water swimming 2013-2017 approved by the RFEN will apply.

2. Event Modes & Starts

○ Event modes

Swimmers can participate in one or several of the following disciplines as long as they are compatible.

1. **OCEANMAN:** Comprises distances between 6 km and 14 km depending on the venue. Individual competition, competitive, timed, classifying.
2. **HALF OCEANMAN:** Comprises distances between 3 km and 5 km depending on the venue. Individual competition, competitive, timed, classifying.
3. **POPULAR:** Comprises distances between 1 km and 2 km depending on the venue. Individual competition, competitive, timed, classifying y general category.
4. **OCEANKIDS:** Comprises distances between 500 – 750 m depending on the venue. Individual competition, non competitive. No timed. No classifying.
5. **OCEANTEAM:** Relay race distances between 3x500m and 3x1000m, depending on the venue. Team Competition (3 swimmers teams), timed and classifying. Three categories (Men's, Women's and Mixed teams)

Oceankids and Oceanteam events will be held only in those destinations that meet the necessary technical and logistical requirements

○ Start

There is one starting point for each of the distances, i.e. there will be three starts: Oceanman, Half Oceanman and Popular race.

The departures in Oceankids race will be carry out in two age groups (7 to 10 years-old and 11 to 14 years-old)

3.- Categories & Awards

In HALF OCEANMAN and OCEANMAN distances will be different categories considering the participant's age and gender.

Competitors under the age of 18 must present parental or guardian authorization to collect racer numbers & timing chip.

The Elite category, at the distances Oceanman and Half Oceanman will be considered the most prestigious. All swimmers are eligible to participate in this category with no pre-requisite; they should only select this category on the registration form.

The greatest awards and the possible economical prizes (FINAL) or gifts will be given to the winners of this category.

○ **Categories**

1.- OCEANMAN

OCEANMAN (MALE - FEMALE)	
Category	Age Range
Elite	High performing swimmers above 16 years of age
Junior	Amateur swimmers from 16 to 19 years of age
Master 20 – 29	Amateur swimmers from 20 to 29 years of age
Master 30 – 39	Amateur swimmers from 30 to 39 years of age
Master 40 – 49	Amateur swimmers from 40 to 49 years of age
Master 50 – 59	Amateur swimmers from 50 to 59 years of age
Master +60	Amateur swimmers from 60 years of age
Inspiration	Amateur swimmers with a degree of disability greater than 33%

2.- HALF OCEANMAN

HALF OCEANMAN (MALE - FEMALE)	
Category	Age Range
Elite	High performing swimmers above 14 years of age
Junior	Amateur swimmers from 14 to 19 years of age
Master 20 – 29	Amateur swimmers from 20 to 29 years of age
Master 30 – 39	Amateur swimmers from 30 to 39 years of age
Master 40 – 49	Amateur swimmers from 40 to 49 years of age
Master 50 – 59	Amateur swimmers from 50 to 59 years of age
Master +60	Amateur swimmers from 60 years of age
Inspiration	Amateur swimmers with a degree of disability greater than 33%

3. - POPULAR

POPULAR (MALE - FEMALE)	
Category	Age Range
GENERAL	Swimmers of all age groups from 10 years of age

4.- OCEANKIDS

OCEANKIDS	
Category	Age Range
<i>Non-Categorical</i>	Amateur swimmers from 7 to 14 years old

5.- OCEANTEAM

OCEANTEAM	
Category	Age Range
Male / Female / Mixed	Amateur swimmers from 12 years of age

A delimited relay area will be designated, where the chip will be delivered among swimmers of the same team. There will be a unique category, distinguishing mixed, men's and women's teams.

○ **Awards.-**

▪ **OCEANMAN & HALF OCEAMAN**

- ✓ The organization will award trophies to the first three classified elite male and female.
- ✓ The organization will award medals to the first three classified male and female in each category at the end of the event.
- ✓ All competitors who complete the event will be awarded a Finisher medal.

▪ **POPULAR**

- ✓ The organization will award trophies to the first three classified in the general, male and female categories.
- ✓ The organization will award a Finisher medal to all competitors.

▪ **OCEANKIDS.-**

- ✓ The organization will give a gift to all participants.

▪ **OCEANTEAM.-**

- ✓ A gift will be given to the first three teams of each category (men's, women's and mixed)

Is expected to allocate awards with value of 10,000€ for the Final World Championship

4.- Classification for the worldwide championship

The qualifying competitions for the World Championship in the OCEANMAN & HALF OCEANMAN modes are previous venues to the Final.

Places by category

OCEANMAN (MALE-FEMALE)	
CATEGORIES	PLACES
Elite	10 places
Junior (16-19)	10 places
Master 20 – 29	10 places
Master 30 – 39	10 places
Master 40 – 49	10 places
Master 50 – 59	10 places
Master + 60	10 places
Inspiration	10 places

HALF OCEANMAN (MALE-FEMALE)	
CATEGORIES	PLACES
Elite	10 places
Junior 14 - 19	10 places
Master 20 – 29	10 places
Master 30 – 39	10 places
Master 40 – 49	10 places
Master 50 – 59	10 places
Master + 60	10 places
Inspiration	10 places

The first ten male classified and first ten female classified in each category for both OCEANMAN & HALF OCEANMAN from each of the competitions held before the Final event will be offered a place for the World Championship.

All swimmers already classified in another OCEANMAN event will be jumped, providing their places to the final to the following classified in each qualifying events.

To consider participating in the Oceanman World Championship, it is only necessary to classify in ONE of the qualifying races. In NO CASE is it necessary to participate in all of the competitions of the Oceanman circuit.

Participation in the final competition venue will be open to swimmers without previous classification. These swimmers will follow the same course in the OCEANMAN & HALF OCEANMAN distances but will not be eligible for the victory of World Championship.

There will be two different classifications in both OCEANMAN & HALF OCEANMAN distances in Benidorm. The first classification will detail the results obtained by the swimmers participating in the World Championship. The second classification will detail the results obtained by swimmers without previous classification for the World Championship.

Competitors competing for the World Championship in Benidorm will be uniquely distinguished by the color of their swim cap.

There will be one-minute delay between each start in both OCEANMAN & HALF OCEANMAN and in the following order (only World Championship Benidorm)

OCEANMAN.-

1. Elites classified for the World Champ. (Male & Female)
2. Masters classified for the World Champ. (Male)
3. Masters classified for the World Champ. (Female)
4. Elite & Masters NON classified for the World Champ. (Male & Female)

HALF OCEANMAN.-

1. Elites classified for the World Champ. (Male & Female)
2. Masters classified for the World Champ. (Male)
3. Masters classified for the World Champ. (Female)
4. Elite & Master NON classified for the World Champ. (Male & Female)

5.- Use of wetsuit

The wearing of wetsuits in both OCEANMAN & HALF OCEANMAN will be regulated depending on the water temperature.

Temperature	
Less than 20 °C	Obligatory use of wetsuit
Between 20°C – 22°C	Optional use of wetsuit
More than 22°C	Prohibited use of wetsuit

* Competitors who are used to swimming in low temperature conditions will be able to participate without the wetsuit. **It is the competitors responsibility to report this to the events race technical director a minimum of 72 hours before start of the race by email: competiciones@whitegoforit.net**

Competitors not wearing wetsuits will still be eligible for opting to the category classification and classification to the World Championship.

** Competitors in the Elite category in both OCEANMAN & HALF OCEANMAN will participate in equal conditions. The technical committee will determine whether the participants in this category will be competing WITH or WITHOUT wetsuits. This decision will be announced 48 hours before the start.

The use of swim caps, gloves and wetsuit booties will be permitted with water temperature below 23°C.

6.- Equipment

Below you can find a list of permitted equipment during the race.

- Swim cap provided by the organization.
- Safety buoy will be compulsory for the Oceanman competitions. The buoys have to be visible and homologated in order to avoid any incident. For Half Oceanman, Popular, Océankids and Océanteam races the use of buoys will be optional, but it is always recommended by the organization. The use of buoys in some Popular races might be mandatory.
- Goggles are obligatory during all races.
- Wetsuit or swimsuit (refer to section USE OF WETSUIT). It is prohibited to use two wetsuits.
- Timing chips shall be worn throughout the race. In case it is lost the participant must inform the timekeeper company at the finish line. The swimmer will reimburse the company with the equivalent value of the device should the company find it appropriate or necessary. The organizers will indicate how and where to wear the chip during the technical briefing.
- The race number must be visible on the exterior part of the swimmer's right hand at all times. The race number will be provided by or drawn on by one of the organizers.
- The use of electronic devices, such as watches, heart rate monitors, water GPS is allowed, excluding aquatic music players or similar devices. If a swimmer neglects this rule, he/she will be disqualified by

the judges. Participants can be disqualified from the competition by the official judges for neglecting any part of the regulations.

- It's not permitted to use any equipment or materials that aid swimmers propulsion or flotation (e.g. pull-buoys, paddles, gloves, fins etc.) The use of the equipment is limited to participants who have express approval from the organization with justified reasons.

7. - Courses

Should the organizers consider it necessary to withdraw any participant from the competition to ensure his/her safety, they will be entitled to do so.

The withdrawal procedure takes place in the event of the following circumstances:

- Whenever the swimmers exceeds the time limits.
- Adverse weather conditions that endanger swimmer's safety.
- Whenever the swimmers show signs of dehydration, hypothermia, extreme fatigue.
- Extremely slow pace or any other sign that prevents the participant swimming in good physical conditions.
- Swimmers who do not respect the safety limits and the regulations established by the organization. Swimmers should follow the indications and guidelines of the technical team at all times.
- Kayakers and boat escorts will monitor the health and safety of the swimmers and will report to the technical team.

8.- Registration

Registration is personal and non transferable and implies acceptance of all the articles in the present rules and regulations as well as the purchase terms and conditions. All fees are listed in the "Registration" section of this website and can be processed using the online payment system.

In the event a participant is unable to attend an event, the participant can not transfer his/her rights of participation to another person.

In the event of adverse weather conditions or any other circumstances beyond the organization control (jellyfish plague, strong currents, high winds, etc), the organization reserves the right to modify or even cancel the race on the basis of safety reasons. Under the circumstances as described above, no refunds of the registration fees will be returned.

Registration fees includes:

- The right to participate in the competition (provided the weather conditions permit it.)
- Accident Insurance
- Assistance during and after the race
- Feed (liquid & solid) during and after the race
- Classification & Timing with Chip

9. - Participation & Insurance

All participants declare to be in optimal health conditions and to their knowledge have no reason which would prevent them from taking part in the OCEANIAN competition. For this reason, swimmers accept to participate at their own risk and under their own responsibility.

Athletes of any nationality, federated or not, and born after 1998 onwards are eligible to participate. (Competition recommended for over 18 years of age.) Participants under 18 year of age must provide parents' or guardians' consent at racer number collection. No swimmer under the age of consent can participate without signed authorisation.

The minimum age for participate by distances are:

- **Distance OCEANMAN**
 - ✓ Minimum age of 16 years
- **Distance HALF OCEANMAN**
 - ✓ Minimum age of 14 years
- **Distance POPULAR**
 - ✓ Minimum age of 10 years
- **Distance OCEANKIDS**
 - ✓ Age range from 7 to 14 years
- **Distance OCEANTEAM**
 - ✓ Minimum age of 12 years

Competitors under the age of 18 must present parental or guardian authorization to collect racer numbers & timing chip.

9

Time limits to reach the finishing line are:

- OCEANMAN 4h.
- HALF OCEANMAN 2h. 30'
- POPULAR 1h. 30'

Under current legislation the organizers will hold public liability insurance and accident insurance covering all participants and all distances.

10.- Security

A security operation on land and at sea is guaranteed. On the day of the competition, swimmers safety will be monitored by motorboats and kayaks who will follow the course.

The organisation medical team will be authorised to withdraw any participant due to medical reasons.

11.- Supplies / Feeding

The organisation will provide feeding points for swimmers during the courses of OCEANMAN & HALF OCEANMAN, as well as at the end of each race. The feeding points will be properly signposted and their exact location will be disclosed during the technical briefing.

It is up to the participant to decide whether to stop at a feeding point or not. In any case, all participants can use the boat to rest and recover, however it is strictly prohibited to get on the boat. In case of getting on the boat the participant will be disqualified.

12.- Change of Course

In case of adverse weather conditions, the organisation reserves the right to consider an alternative cause.

13.- Personal Data

The organisation informs, and you agree to the following:

All the information provided by you at the time of registration for the competition or by means of any other channels of personal data collection at the websites: **www.oceanman.net**, **www.oceanman-openwater.com** or **www.oceanman-store.com** is incorporated into a secure and confidential database. Educanova Consultores & Recursos S.L. is responsible for the management of this database.

The main purpose of this data collection is no other than the administration and management of the competition, the notification of possible modifications or changes in the calendar of the events and/or promotion of the products related to OCEANMAN. For this reason and with a clear sporting objectives, promotional and commercial aims, we ask athletes and their children to give their consent for the reproduction of their images in photographs and other recordings taking place during the competition.

In case you wish to withdraw your consent, you must notify Educanova Consultores y Recursos in writing and under the provisions of the Organic Law 15/1999, 13, you can rectify or cancel partially or totally your personal data.

In each of the venues of this championship, this general regulation may incorporate specific modifications, in compliance with the legislation of each host country.